

# HEART CHAKRA AFFIRMATIONS



**Heart Chakra – I see the Emerald Green light of my Heart Chakra, pulsing with every breath I take and with every affirmation I speak. I feel the Divine LOVE of Source grow as I breathe and with every affirmation I speak.**

- **I am LOVE.**
- **All love resides within my heart.**
- **I deeply and completely love and accept myself.**
- **I am open to Love from myself and others.**
- **I am wanted and loved.**
- **I love others as The Mother loves me.**
- **I radiate Divine Love of Source to all around me.**
- **I love the beauty of nature.**
- **I forgive myself and others.**
- **I am open to love and kindness.**
- **I understand that LOVE is the connection between all things.**
- **I accept things as they are.**
- **I love all things.**
- **I am peaceful.**