

CHAKRA CRYSTALS



For thousands of years, ancient civilizations have utilized the power of crystals to release mental, physical and spiritual blockages, thus facilitating the free flow of **ENERGY** throughout the body. On a cellular level, our bodies and quartz crystal are both made up of the same substance as both humans and crystals come from the Earth. Because of this, we are naturally receptive to the vibrations of crystals as they transmit, reflect, store light and receive energy. When crystals are placed directly on your body, they have a powerful vibratory effect that surges from the crystal to you. According to the law of physics, thoughts direct energy and energy follows thought.

The following is a list of crystals that will help with each Chakra. Simply Google each crystal to find the metaphysical meanings “**Bloodstone healing properties**” and it will come up. I recommend doing this

- **ROOT (RED) – EARTH – DIVINE CONNECTION to Mother Earth; Rooted; Security; Survival**
 - Bloodstone
 - Red Jasper
 - Sunstone
 - Red Calcite
 - Red Aventurine
 - Garnet
 - Black Obsidian
 - Hematite
 - Petrified Wood
 - Ruby
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- **SACRAL (ORANGE) – WATER – DIVINE SEXUALITY; Creativity; Sensuality; Reproduction**
 - **CARNELIAN – highly recommend for Sacral – crystal of Sexuality**
 - Amber
 - Orange Calcite
 - Sunstone
 - Tiger-eye
 - Red Aventurine
 - Citrine
 - Garnet
 - Snowflake Obsidian
- **SOLAR PLEXUS (YELLOW) – FIRE – DIVINE POWER; Health; Self-Confidence; Strength**
 - Citrine
 - Howlite
 - Tigers Eye
 - Petrified Wood
 - Amber
 - Yellow Aventurine
 - Honey Calcite

- **HEART (GREEN/PINK) – AIR – DIVINE LOVE; Acceptance; Forgiveness; Unconditional Love**
 - Rose Quartz
 - Malachite
 - Green Calcite
 - Moss Agate
 - Amazonite
 - Jade
 - Peridot
 - Green Aventurine
 - Green Fluorite
 - Blue-Green Obsidian

- **THROAT (BLUE) – SPIRIT – DIVINE TRUTH; Communication; Expression; Creativity**
 - Lapis Lazuli
 - Sodalite
 - Labradorite
 - Blue Lace Agate
 - Blue Apatite
 - Aquamarine
 - Amazonite
 - Celestite
 - Larimar

- **THIRD EYE (INDIGO/VIOLET) – ALL ELEMENTS – DIVINE SIGHT; Intuition; Wisdom**
 - Amethyst
 - Selenite
 - Chevron Amethyst
 - Angel Aura Quartz
 - Azurite
 - Larimar
 - Labradorite
 - Purple/Rainbow Fluorite
 - Lepidolite
 - Sugilite

- **CROWN (PURPLE/CLEAR) – ALL ELEMENTS – DIVINE CONNECTION to the ALL**
 - Clear Quartz
 - Moonstone
 - Selenite
 - Azurite
 - Celestite
 - Labradorite
 - Ametrine
 - Angel Aura Quartz
 - Sugilite
 - Fluorite